

# Food and other support

## These organisations can help:

**We are Bristol helpline** – advice on food, debt, housing, mental health and families. Freephone 0800 694 0184 Mon-Fri, 8.30-5.00, Sat - Sun, 10.00-2.00.

**The Plough Veg box scheme** – delivery of veg boxes to anyone in need. 0117 9558556 or see <https://www.plougheaston.co.uk/vegbox>

**BASE & Roses** - weekly food parcels and cooked meals. Contact 07731845211 or email [baseandroses@riseup.net](mailto:baseandroses@riseup.net)

**The Food Hub Consortium Project** - Malcolm X Community Centre, Bristol Horn Youth Concern, Bristol Somali Kitchen, Talo, Bristol Black Carers, Bristol Somali Resource Centre and Barton Hill Activity Club - all providing food to local communities.

**East Bristol Foodbank** - food parcels for those in extreme need. Bristol City Council hold vouchers for the Foodbank. You can call them on 0117 922 4500 Monday to Friday 9-12.

**Covid 19 facebook group** – another community group offering support across Bristol <https://www.facebook.com/covid.19.bristol/>

**The Food Club** - quality food, as well as tips and recipes. Pay £1 per year then buy a box of food worth £10-15 for just £3.50 each week. You must live within 15 minutes' walk of the Settlement in Barton Hill.

[gabrielle@bartonhillsettlement.org.uk](mailto:gabrielle@bartonhillsettlement.org.uk) or call and ask for Gabrielle. 0117 9556971

**Redcliffe Food Club** at the children's centre. Wednesdays 12.30-2.30, £3.50 per food box plus £1 registration – open to families with primary school children.

You can still email [friendsofhannahmore@gmail.com](mailto:friendsofhannahmore@gmail.com) if you need any help!

